



Curriculum Vitae

Personal information Vasileios Sakalis

Work experience

1. Employer: Hippokrateion General Hospital of Thessaloniki
 - Start date: 11/2022
 - Present
 - Position: Locum Consultant Urologist
 - Activities: Clinical and Research activities
2. Employer: General Hospital Agios Pavlos
 - Start date: 06/2017
 - End date: 11/2022
 - Position: Consultant Urologist
 - Activities: Clinical and Research activities
 - Country: Greece
3. Employer: NHS Salisbury
 - Start date: 05/2015
 - End date: 05/2017
 - Position: Consultant Urologist
 - Activities: Clinical and Research activities
 - Country: United Kingdom
4. Employer: Hippokrateion General Hospital of Thessaloniki
 - Start date: 06/2014
 - End date: 05/2015
 - Position: Locum Consultant Urologist
 - Activities: Clinical and Research activities
 - Country: Greece
5. Employer: St Georges NHS Trust
 - Start date: 06/2012
 - End date: 05/2014
 - Position: Clinical and research fellow in Urology
 - Activities: Clinical and Research activities
 - Country: United Kingdom
6. Employer: Various hospitals in Greece
 - Start date: 06/2002
 - End date: 05/2012
 - Position: Training / Residency in Urology
 - Activities: Clinical and Research activities
 - Country: Greece

Education and training

1. Subject: Aristotele University of Thessaloniki _ Medical School
 - Start date: 06/2020
 - End date: Present
 - Qualification: Post_Doctoral Studies
 - Organisation: Functional Urology
 - Country: Greece
2. Subject: Aristotele University of Thessaloniki _ Medical School
 - Start date: 05/2013
 - End date: 03/2019
 - Qualification: PhD Degree
 - Organisation: Functional Urology
 - Country: Greece
3. Subject: Aristotele University of Thessaloniki _ Medical School
 - Start date: 09/2007
 - End date: 03/2010
 - Qualification: Master Degree
 - Organisation: Medical Informatics
 - Country: Greece
4. Subject: Charles University Hradec Kralove
 - Start date: 09/1996
 - End date: 06/2002
 - Qualification: Medical Doctor
 - Organisation: General Medicine degree
 - Country: Czechia

Additional information

Publications

1. **V Sakalis**, A Gkotsi,, A Gkotsi, E Mylonaki, E Pantzaki, S Charalampous, V Rombis A pure microcytic bladder carcinoma synchronous to prostatic adenocarcinoma.. Rare Tumours 2011;3(3): 95-97.
2. S Charalampous, I Vouros, **V Sakalis**, A Gkotsi, G Salpiggidis, A Papathanasiou, V Rombis. Comparison of TVT, TVT-O/TOT and mini slings for the treatment of female stress urinary incontinence: 30 months follow

- up in 531 patients. Arch Ital Urol Androl 2012 Sep; 84(3):129-136.
3. A Gkotsi, D Petsas, **V Sakalis**, A Fotas, A Triantafyllidis, I Vouros, E Saridakis, G Salpiggidis, A Papathanasiou. Pain point system scale (PPSS): A method of postoperative pain estimation in retrospective studies. J Pain Res 2012;5:503-510.
 4. **V Sakalis**, A Gkotsi, A Triantafyllidis, A Giouris, S Charalampous. Transurethral holmium laser intravesical tape excision following TVT procedure: Results from 7 patients in a 12month follow up. Int Urogynecol J 2012;23(6): 769-77.
 5. G Salpiggidis, **V Sakalis**, I Vouros, A Fotas, A Papathanasiou. Penile fracture with bilateral disruption of corpora cavernosa and complete disruption of the urethra. Hellenic Urology 2015;27(1):55-8.
 6. **Sakalis V**, Gkotsi A, Sfiagas V, Vouros I, Fotas A, Salpingidis G, Papathanasiou A. Glans reconstruction using inverted urethral flap in penile cancer patients who undergo glansectomy or distal corporectomy under penile block. A feasible option in high-risk patients. HellenicUrology 2015;27(2):55-60.
 7. Floyd M, **Sakalis V**, Davies M. Mitrofanoff cystolitholapaxy and bladder biopsy using a Mini-PCNL kit J Clin Urol 2017;10(1):1-3
 8. Floyd M, **Sakalis V**, Davies M Persistent grade 5 reflux into a transplanted kidney in a spinal patient despite sphincterotomy.. Urol J 2017;14(1):2989-2990.
 9. **V Sakalis**, M Karavitakis, D Bedretinova, T Bach, JLHR Bosch, M Gacci, C Gratzke, T Herrmann, S Madersbacher, C Mamoulakis, KAO Tikkinen, S Gravas, M Drake. Medical treatment of nocturia in men with lower urinary tract symptoms: Systematic review by the European Association of Urology Guidelines Panel for male lower urinary tract symptoms. Eur Urol 2017; 72(5):757-69.
 10. **Sakalis V**, Floyd MS, Caygill P, Price C, Hartwell B, Guy PJ. Management of stress urinary incontinence in spinal cord injured female patients with a mid-urethral tape – a single center experience. J Spinal Cord Med 2018;41(6):703-9.
 11. **Sakalis V**, Gravas S, Drake MJ.Nocturia; considerations of the implications for male patients. Eur Urol 2018; 73(3):e60-62
 12. **Sakalis VI**, Oliver R, Guy PJ, Davies MC. Macroplastique and botox are superior to Macroplastique alone in the management of neurogenic vesicoureteric reflux in spinal cord injury population with presumed healthy bladders.. J Spinal Cord Med 2019;42(4):478-84.
 13. **Sakalis V**, Sfiagas V, Vouros I, Salpiggidis G, Papathanasiou A, Apostolidis A. Subtle errors of bladder wall thickness measurement have a significant impact on the calculation of ultrasound-estimated bladder weight. Med Ultrason 2018;20(3):292-7
 14. **Sakalis V**, Sfiagas V, Vouros I, Salpiggidis G, Papathanasiou A, Apostolidis A Combination of solifenacin with tamsulosin reduces prostate volume and vascularity as opposed to tamsulosin monotherapy in patients with benign prostate enlargement and overactive bladder symptoms: Results from a randomized pilot study.. Int J Urol 2018;25(8):737-45.
 15. Bedretinova D, Ambuehl D, Omar IM, **Sakalis V**, Thiruchelvam N, Schneider M, Nambiar A, Bosch R. What is the most effective treatment for nocturia or nocturnal incontinence in adult women? Systematic review by the EAU urinary Incontinence Guidelines Committee. Eur Urol Focus 2021;7(2):453-63.
 16. **Sakalis V**, Gkotsi A Do drugs work for OAB following prostate cancer surgery?. Curr Drug Targets 2020;21(15):1515-26.
 17. **Sakalis V**, Sfiagas V, Vouros I, Salpiggidis G, Papathanasiou A, Apostolidis A. Detrusor overactivity may be a prognostic factor for better response to combination therapy over monotherapy in male patient with benign prostatic enlargement and storage LUTS. Int Neurourol J 2021; 25(1):69-76.
 18. **Sakalis V**, Gkotsi A, Charpidou D, Tsafrakidis P, Apostolidis A. *The effect of pharmacotherapy on prostate volume, prostate perfusion and PSA (prostate morphometric parameters) in patients with Lower Urinary Tract Symptoms (LUTS) and benign prostatic obstruction (BPO). A Systematic review and meta-analysis*. Centr Eur J Urol 2021;74(3):388-421.
 19. Pang KH, Campi R, Arlantis S, Bo K, Chapple CR, Constantini E, Farag F, Groen J, Karavitakis M, Lapitan MC, Manso M, Arteaga SM, Nambiar A, Nic An Riogh A, O'Connor E, Osman NI, Peyronnet B, Phe V, **Sakalis V**, Sihra N, Tzelves L, Van Der Vaart CH, Yuan CH, Omar MI, Harding CK. *Diagnostic tests for female bladder outlet obstruction: A systematic review from the European Association of urology Non-neurogenic female LUTS guidelines panel*. Eur Urol Focus 2022;8(4):1015-1030.
 20. Sakalis V, Campi R, Barreto L, Garcia Perdomo H, Greco I, Zapala L, Antunes-Lopes T et al . What is the most effective management of the primary tumor in men with penile cancer: a systematic review of the available treatment options and their outcomes. PROSPERO 2021: CDR42021270148.
 21. MacLennan S, Duncan E, Skolarus TA, Roobol MJ, Kasivisvanathan V, Gallagher KM, Gandaglia G, **Sakalis V**, Smith EJ, Plass K, Ribal MJ, N'Dow J, Briganti A. *Improving guideline adherence in urology*. Eur Urol Focus 2022; 8(5):1545-1552.
 22. **Sakalis VI**, Oliver R, Guy P, Davies M. *Endoscopic treatment of vesicoureteral reflux with macroplastique in spinal cord injury patients: A comparison of videourodynamic parameters between treated and failed cases*. Hell Urol 2021;33(2):40-4 DOI:10.4103/HUAL.HUAL_39_21.
 23. Nambiar AK, Arlandis S, Bø K, Cobussen-Boekhorst H, Costantini E, de Heide M, Farag F, Groen J, Karavitakis M, Lapitan MC, Manso M, Arteaga SM, Riogh ANA, O'Connor E, Omar MI, Peyronnet B, Phé V, **Sakalis VI**, Sihra N, Tzelves L, van Poelgeest-Pomfret ML, van den Bos TWL, van der Vaart H, Harding CK. *European Association of Urology Guidelines on the Diagnosis and Management of Female Non-neurogenic Lower Urinary Tract Symptoms. Part 1: Diagnostics, Overactive Bladder, Stress Urinary Incontinence, and Mixed Urinary Incontinence*. Eur Urol. 2022;82(1):49-59.
 24. Arlandis S, Bø K, Cobussen-Boekhorst H, Costantini E, de Heide M, Farag F, Groen J, Karavitakis M, Lapitan MC, Manso M, Arteaga SM, Nambiar AK, Riogh ANA, O'Connor E, Omar MI, Peyronnet B, Phé V, **Sakalis VI**, Sihra N, Tzelves L, van Poelgeest-Pomfret ML, van den Bos TWL, van der Vaart H, Harding CK. *European Association of Urology Guidelines on the Management of Female Non-neurogenic Lower Urinary Tract Symptoms. Part 2: Underactive Bladder, Bladder Outlet Obstruction, and Nocturia*. Eur Urol. 2022; 82(1):60-70.
 25. **Sakalis VI**, Campi R, Barreto L, Perdomo HG, Greco I, Zapala L, Kailavasan M, Antunes-Lopes T, Marcus JD, Manzie K, Osborne J, Ayres B, Moonen LMF, Necchi A, Crook J, Oliveira P, Pagliaro LC, Protzel C, Parnham AS, Albersen M, Pettaway CA, Spiess PE, Tagawa ST, Rumble RB, Brouwer OR. *What Is the Most Effective Management of the Primary Tumor in Men with Invasive Penile Cancer: A Systematic Review of the Available Treatment Options and Their Outcomes*. Eur Urol Open Sci. 2022;40:58-94.
 26. Gacci M, **Sakalis V**, Karavitakis M, Cornu JN, Gratzke C, Herrmann TRW, Kyriazis I, Malde S, Mamoulakis C, Rieken M, Schouten N, Smith EJ, Speakman MJ, Tikkinen KAO, Gravas S. *European Association of Urology Guidelines on Male Urinary Incontinence*. Eur Urol 2022;82(4):387-398.
 27. M Gacci, **V Sakalis**, M Karavitakis, S Gravas. Reply to Meny LV, Xufei Luo, and Yaolong Chen's Letter to the Editor re: *European Association of Urology Guidelines on male Urinary Incontinence*. Eur Urol 2022;82(4):e119-e120.
 28. Tzelves L, Tsikopoulos I, **Sakalis V**, Papathanasiou C, Samarinas M. *The effect of pelvic floor muscle training in women with functional bladder outlet obstruction*. Arch Gynecol Obstet 2023;307 (5):1489-94.
 29. Gacci M, De Nunzio M, **Sakalis V**, Rieken M, Cornu JN, Gravas S. *Latest evidence on post-prostatectomy incontinence*. J Clin Med 2023;12:1190.
 30. Brouwer OR, Albersen M, Parnham A, Protzel C, Pettaway CA, Ayres B, Antunes-Lopes T, Barreto L, Campi R, Crook J, Fernandez-Pello S, Greco I, van der Heijden MS, Johnstone PAS, Kailavasan M, Manzie K, Marcus JD, Necchi A, Oliveira P, Osborne J, Pagliaro LC, Garcia-Perdomo HA, Rumble BR, Sachdeva A, **Sakalis VI**, Zapala L, Sanchez-Martinez DF, Spiess PE, Tagawa ST. *European Association of Urology-American Society of Clinical Oncology Collaborative Guideline on Penile Cancer: 2023 Update*. Eur Urol 2023;83(6):548-560.
 31. Sachdeva A, McGuinness L, Zapala L, Greco I, Garcia-Perdomo HA, Kailavasan M, Barreto L, Antunes-Lopes T, Ayres B, Campi R, Crook J, Johnstone PAS, Kumar V, Manzie K, Marcus JD, Necchi A, Oliveira P, Protzel C, **Sakalis V**. *Management of lymph node-positive penile cancer: A systematic review*. Eur Urol 2023; Eur Urol 2024; 85(3):257-73.

32. Gravas S, Gacci M, Gratzke C, Herrmann TRW, Katavitikis M, Kyriazis I, Malde S, Mamoulakis C, Rieken M, **Sakalis VI**, Schouten N, Speakman MJ, Tikkinen KAO, Cornu JN. *Summary paper on the 2023 European Association of Urology Guidelines on the management on Non-Neurogenic Male Lower Urinary Tract Symptoms*. *Eur Urol* 2023;Aug;84(2):207-222.
33. Farag F, Sakalis VI, Arteaga SM, Sihra N, Karavitakis M, Arlandis S, Bø K, Cobussen-Boekhorst H, Costantini E, de Heide M, Groen J, Peyronnet B, Phé V, van Poelgeest-Pomfret ML, van den Bos TWL, van der Vaart H, Harding CK, Carmela Lapitan M, Imran Omar M, Nambiar AK. *What Are the Short-term Benefits and Potential Harms of Therapeutic Modalities for the Management of Overactive Bladder Syndrome in Women? A Review of Evidence Under the Auspices of the European Association of Urology, Female Non-neurogenic Lower Urinary Tract Symptoms Guidelines Panel*. *Eur Urol* 2023;84(3):302-12
34. Gandaglia G, Pellegrino F, Golozar A, De Meulder B, Abbott T, Achtman A, Imran Omar M, Alshammari T, Areia C, Asimwe A, Beyer K, Bjartell A, Campi R, Cornford P, Falconer T, Feng Q, Gong M, Herrera R, Hughes N, Hulsen T, Kinnaird A, Lai LYH, Maresca G, Mottet N, Oja M, Prinsen P, Reich C, Remmers S, Roobol MJ, **Sakalis V**, Seager S, Smith EJ, Snijder R, Steinbeisser C, Thurin NH, Hijazy A, van Bochove K, Van den Bergh RCN, Van Hemelrijck M, Willemsse PP, Williams AE, Zounemat Kermani N, Evans-Axelsson S, Briganti A, N'Dow J; PIONEER Consortium. *Clinical Characterization of Patients Diagnosed with Prostate Cancer and Undergoing Conservative Management: A PIONEER Analysis Based on Big Data*. *Eur Urol*. 2023 Jul 4:S0302-2838(23)02944-5. doi: 10.1016/j.eururo.2023.06.012. Epub ahead of print.
35. Gravas S, Malde S, Cornu JN, Gacci M, Gratzke C, Herrmann TRW, Karavitakis M, Mamoulakis C, Rieken M, **Sakalis VI**, Schouten N, Smith EJ, Speakman MJ, Tikkinen KAO, Alivizatos G, Bach T, Bachmann A, Descazeaud A, Desgrandchamps F, Drake M, Emberton M, Kyriazis I, Madersbacher S, Michel MC, N'Dow J, Perachino M, Plass K, Rioja Sanz C, Umbach R, de Wildt M, Oelke M, de la Rosette JJMCH. *From BPH to male LUTS: a 20-year journey of the EAU guidelines*. *Prostate Cancer Prostatic Dis*. 2024;27(1) 48-53
36. Greco I, Fernandez-Pello S, **Sakalis VI**, Barreto L, Albersen M, Ayres B, Antunes Lopes T, Campi R, Crook J, García Perdomo HA, Johnstone PAS, Kailavasan M, Manzie K, Marcus JD, Necchi A, Oliveira P, Osborne J, Pagliaro LC, Parnham AS, Pettaway CA, Protzel C, Rumble RB, Sachdeva A, Sanchez Martinez DF, Zapala L, Tagawa ST, Spiess PE, Brouwer OR. *Systematic Review and Meta-analysis of Minimally Invasive Procedures for Surgical Inguinal Nodal Staging in Penile Carcinoma*. *Eur Urol Focus*. 2023 Dec 8:S2405-4569(23)00269-9. doi: 10.1016/j.euf.2023.11.010. Epub ahead of print. PMID: 38071107.
37. Tsikopoulos I, Lazarou L, Tzelves L, **Sakalis V**, Papatheanasiou C, Samarinas M. *The effect of pelvic floor muscle training on urodynamic parameters in women with stress urinary incontinence*. *Cent European J Urol*. 2023;76(4):315-321. doi: 10.5173/cej.2023.148. Epub 2023 Nov 13. PMID: 38230312; PMCID: PMC10789280.
38. Konstantinidou E, Sakalis V, Kalaitzi M, Charalampous I, Konstantinos-Vaios M, Themistoklis M, Hatzichristou D, Apostolidis A. *The role of abdominal muscle training in combination with pelvic floor muscle training to treat female urinary incontinence - a pilot 12-week study*. *Cent European J Urol*. 2024;77(2):218-224
39. Baboudjian M, Hashim H, Bhatt N, Creta M, De Nunzio C, Gacci M, Herrmann T, Karavitakis M, Malde S, Moris L, Netsch C, Rieken M, **Sakalis V**, Schouten N, Tutolo M, Cornu JN. *Summary Paper on Underactive Bladder from the European Association of Urology Guidelines on Non-neurogenic Male Lower Urinary Tract Symptoms*. *Eur Urol*. 2024 Apr 20:S0302-2838(24)02273-5. doi: 10.1016/j.eururo.2024.04.004. Epub ahead of print. PMID: 38644139.
40. Lawlor A, Beyer K, Russell B, Steinbeisser C, Bjartell A, De Meulder B, Omar MI, Hulsen T, Butler-Ransohoff JE, N'Dow J, Gomez Rivas J, Gandaglia G, Nicoletti R, **Sakalis V**, Smith EJ, Maass M, Zong J, Fullwood L, Abbott T, Tafreshiha A, Papineni K, Snijder R, Horgan D, Seager S, Evans-Axelsson S, Ribal M, Roobol M, van Hemelrijck M. *PIONEER Big Data Platform for Prostate Cancer: Lessons for Advancing Future Real-World Evidence Research*. *Nat Rev Urol* 2024, Under Publication.
41. Tsikopoulos I, Antoniadis G, Sakalis V, Katsimperi S, Samarinas M. *Autoimmune Glial Fibrillary Acidic Protein Astrocytopathy: The Role of a Neurologist From the Intensive Care Unit to Improving the Patient's Quality of Life*. *Cureus*. 2024 Aug 27;16(8):e67903
42. Charalampous I, Tsikopoulos I, Mitkani C, Samarinas M, Yuan Y, Vouros I, Tsafrakidis P, Anastasios A, Gkotsi A, Sakalis V. *Does Surgical Treatment for Benign Prostate Enlargement (BPE)-Related Bladder Outlet Obstruction (BOO) Benefit Patients with Central Nervous System Diseases? A Systematic Review*. *J. Clin. Med.* **2024**, *13*,5846.
43. Lai LY, Sakalis V, Chatzichristos C, de la Parra I, Steinbeisser C, Golozar A, de Meulder B, Hijazy A, Snijder R, Feng Q, Falconer T, Cornford P, Bjartell A, Evans-Axelsson S, N'Dow J, Gandaglia G, Rivas JG. *Baseline characteristics and clinical outcomes of prostate cancer patients on delayed palliative management: A PIONEER analysis based on big Data*. *Cent European J Urol*. 2024; doi:10.5173/cej.2024.83 [Epub ahead of print].
44. Sakalis V, Bhattacharya Y, Beyer K, Murray C, Smith EJ, Willemsse PPM et al. *AGREE II Quality assessment of National and International Clinical Practice Guidelines on Prostate Cancer Management by the OPTIMA Consortium*. *European Urology Open Science*. 2024 Oct 28.
45. Baboudjian M, Creta M, Hashim H, Sakalis V, Cornu JN. *Reply to Aravindh Rathinam, Jonathan Katz, Robert Marcovich, and Hemendra N. Shah's Letter to the Editor re: Michael Baboudjian, Hashim Hashim, Nikita Bhatt, et al. Summary Paper on Underactive Bladder from the European Association of Urology Guidelines on Non-neurogenic Male Lower Urinary Tract Symptoms*. *Eur Urol* 2024;86:213-20. *Eur Urol*. 2024 Dec 27:S0302-2838(24)02757-X. doi: 10.1016/j.eururo.2024.12.004. Epub ahead of print. PMID: 39732602.
46. Creta M, Baboudjian M, Sakalis V, Bhatt N, Nunzio C, Gacci M, Herrmann TRW, Karavitakis M, Malde S, Moris L, Netsch C, Rieken M, Schouten N, Tutolo M, Yuan Y, Hashim H, Cornu JN. *Management of Primary Bladder Neck Obstruction and Dysfunctional Voiding in Young Men: A Systematic Review and Meta-analysis*. *Eur Urol Focus*. 2025 Feb 17:S2405-4569(25)00012-4. doi: 10.1016/j.euf.2025.01.011. Epub ahead of print. PMID: 39965997.
47. Cornu JN, Baboudjian M, Netsch C, Hashim H, Creta M, Pyrgidis N, Moris L, Tutolo M, Sakalis V, Rieken M, Malde S, Karavitakis M, Herrmann T, Nunzio C, Bhatt N, Schouten N, Gacci M; European Association of Urology Non-neurogenic Male Lower Urinary Tract Symptoms Guidelines Panel. *Management of Non-neurogenic Male Lower Urinary Tract Symptoms: Better Holistic than Sequential*. *Eur Urol*. 2025 Sep;88(3):223-227.
48. Sakalis V, Omar MI, Conroy L, MacLennan S, Marconi L, Nambiar A, Rai B, Schouten N, Smith EJ, Smith CT, Yuan Y, Ribal M, Canfield S. *Quality Assessment of the European Association of Urology Guidelines Using the AGREE II Tool*. *Eur Urol Open Sci*. 2025 Aug 7;79:42-44.

Projects

- Member of PIONEER plus study for Prostate Cancer.
- Member of OPTIMA study for Prostate/Breast and Lung Cancer.
- Member of male LUTS panels of European Association of Urology Guideline office.
- Member of penile cancer panel of European Association of Urology Guideline office.
- Member of Methods Committee of European Association of Urology Guideline office.

Memberships

- Member of British medical Council.
- Member of Greek Medical Council.

Member of European Association of Urology.
Fellow of European Board of Urology.
Fellow of Royal College of Surgeons of England.

Other Relevant Information