



Curriculum Vitae

Personal information **Vilte Silkaityte**

Work experience

1. Employer: State Medicines Control Agency under the Ministry of Health of the Republic of Lithuania

Start date: 09/2020

End date: present

Position: Chief Specialist at Marketing Authorisation Unit

Activities: Coordination of centralised procedures at EMA, submission management, stakeholder liaison, regulatory compliance; coordination of international projects (Twinning, Joint Actions, TAIX).

Country: Lithuania

2. Employer: Lithuanian University of Health Sciences

Start date: 09/2020

End date: present

Position: Study Administrator, Clinical Pharmacology Department

Activities: Administration of study processes, organisation of teaching and research support, academic documentation management, communication with students and faculty.

Country: Lithuania

3. Employer: UAB "Natura Munda"

Start date: 01/2021

End date: present

Position: Administrator

Activities: Administrative coordination of patient services, scheduling, documentation, support for healthcare professionals.

Country: Lithuania

Education and training

1. Education

Start date: 09/2025

End date: Present

Degree: Master's in Lifestyle Medicine

Institution: Lithuanian University of Health Sciences

Country: Lithuania

Subjects/skills: Lifestyle medicine, prevention, health promotion, evidence-based interventions

2. Education

Start date: 09/2024

End date: 08/2025

Degree: Bridging Studies in Public Health

Institution: Lithuanian University of Health Sciences

Country: Lithuania

Subjects/skills: Public health, health promotion, epidemiology, preventive medicine

3. Education

Start date: 09/2017

End date: 08/2020

Degree: Bachelor of Science (Major: Biomedicine, Life Sciences; Minor: Law)

Institution: University College Roosevelt

Country: Netherlands

Subjects/skills: Human biology, medical research, laboratory practices, regulatory and legal frameworks.

Additional information

Publications

1. Publication

Title: *The Use of Ketamine in the Treatment of Treatment-Resistant Depression: A Review of Literature and Legal Regulation*

Original title: *Ketamino vartojimas gydymui atsparios depresijos gydyme: literatūros ir teisinio reguliavimo apžvalga*

Authors: Viltė Šilkaitytė, Živilė Dulevičiūtė, Eglė Karinauskė

Publisher: *Psichiatrijos žinios*, Nr. 75

Year: 2024

Description: A scientific review analyzing both clinical and regulatory aspects of ketamine use in treatment-resistant depression, with a focus on medical evidence and legal frameworks.

Projects

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Memberships

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Other Relevant Information

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