



## Curriculum Vitae

### Personal information Patrick Vrijlandt

#### Work experience

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1. Employer: Medicines Evaluation Board, Utrecht

- Start date: 082023
- End date: present
- Position: Alternate CHMP member
- Activities: My portfolio is focused on cardiometabolic diseases, diabetes, osteoporosis and diagnostics, and infectious diseases and rare metabolic diseases. Vice\_chair of EMA's CardioVascular System Working Party
- Country: Netherlands

2. Employer: Medicines Evaluation Board, Utrecht

- Start date: 022012
- End date: 082023
- Position: Senior Clinical Assessor
- Activities: The team is focused on cardiometabolic diseases, diabetes, osteoporosis and diagnostics. Assessment of national or European marketing authorisation applications for pharmaceuticals, both new and changes ("variations"). Assessment of national or European scientific advices. Member of EMA's SmPC Advisory Group Vice\_chair of EMA's CardioVascular System Working Party
- Country: Netherlands

3. Employer: University Medical Center Groningen, Groningen

- Start date: 102007
- End date: present
- Position: Scientific staff member (voluntary)
- Activities: Teaching activities (primarily medical faculty). Participation in regulatory science research.
- Country: Netherlands

4. Employer: PRA International, Zuidlaren/Groningen

- Start date: 102007
- End date: 102010
- Position: Clinical Research Scientist
- Activities: The unit is focused on phase 1/2 clinical trials (including first\_in\_human and thorough QT) in healthy volunteers and patients with cardiometabolic disease. Assessment of research proposals with respect to safety and design. Guarantee safety and quality of the research. Analysis of trial results. Clear communication to trial participants. Supervision of research physicians (especially in the case of complications). Trainer (Good Clinical Practice (GCP) and Resuscitation) Consultancy to costumers on trial design. Contacts with the ethics committee concerning proposed trials and complications
- Country: Netherlands

5. Employer: Bethesda Hospital, Hoogeveen

- Start date: 032003
- End date: 102007
- Position: Internist and Infectious Diseases Specialist
- Activities: Patient care, especially Infectious Diseases, Intensive Care, Diabetes type 2, Obesity and Elderly Medical Staff Association Board (Treasurer) 2003\_2005 Medical head of outpatient anti\_coagulation clinic Pharmacotherapy Committee (Chair) Quality Committee (Chair) Regional Antibiotics Committee.
- Country: Netherlands

6. Employer: University Medical Centre St Radboud, Nijmegen

- Start date: 092001
- End date: 032003
- Position: Infectious Diseases Fellow
- Activities: Patient care, teaching
- Country: Netherlands

7. Employer: St Lucas Hospital, Winschoten

- Start date: 042001
- End date: 092001
- Position: Internist (for temporary relief)
- Activities: Patient care (general internal medicine, endoscopy)
- Country: Netherlands

8. Employer: University Hospital, Groningen

- Start date: 031999
- End date: 032001

- Position: Internist in training
  - Activities: Patient care (general internal medicine, hematology, intensive care, endocrinology)
  - Country: Netherlands
9. Employer: Sophia Hospital, Zwolle
- Start date: 031996
  - End date: 031999
  - Position: Internist in training
  - Activities: Patient care (hematology, intensive care, cardiology, pulmonology)
  - Country: Netherlands
10. Employer: City Hospital, Deventer
- Start date: 031995
  - End date: 031996
  - Position: Internist in training
  - Activities: Patient care (general internal medicine, intensive care)
  - Country: Netherlands
11. Employer: Medisch Spectrum Twente, Enschede
- Start date: 071992
  - End date: 031995
  - Position: Resident
  - Activities: Patient Care (Departments of Cardiology and Internal Medicine/endocrinology)  
Execution of a drug trial in Type 2 diabetes patients
  - Country: Netherlands
12. Employer: UMC St Radboud, Nijmegen
- Start date: 071991
  - End date: 071992
  - Position: Resident
  - Activities: Patient care (Department of Anaesthesiology and Intensive Care)
  - Country: Netherlands
13. Employer: Royal Netherlands Navy
- Start date: 011990
  - End date: 041991
  - Position: Doctor for military service
  - Activities: Patient care at the "Central Sickbay" on shore and on board HMS Tromp. Feasibility study of computerized medical files for the Navy, in a project with an IT consultancy company.
  - Country: Netherlands
14. Employer: Medisch Spectrum Twente, Enschede/Oldenzaal
- Start date: 121987
  - End date: 121989
  - Position: Intern
  - Activities: Patient care, various departments
  - Country: Netherlands
15. Employer: Faculty of Economy and Computer Centre, Groningen University
- Start date: 081985
  - End date: 071987
  - Position: Teaching assistant
  - Activities: Support courses in various computer languages (Pascal, FORTRAN)
  - Country: Netherlands

## Education and training

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1. Subject: European Center of Pharmaceutical Medicine, Basel
  - Start date: 2009
  - End date: 042011
  - Qualification: University Professional in Pharmaceutical Medicine
  - Organisation: Training Pharmaceutical medicine for professionals working in the field
  - Country: Switzerland
2. Subject: University Medical Centre St Radboud, Nijmegen
  - Start date: 2001
  - End date: 2003
  - Qualification: Internist, Specialised in Infectious Diseases
  - Organisation:
  - Country: Netherlands
3. Subject: University Hospital, Groningen
  - Start date: 1995
  - End date: 2001
  - Qualification: Specialist in General Internal Medicine
  - Organisation: Internships in general internal medicine, intensive care medicine, cardiology, haematology, nephrology, endocrinology.
  - Country: Netherlands
4. Subject: University of Groningen
  - Start date: 1982
  - End date: 1989
  - Qualification: MD (registry number: 7902 4734 001)
  - Organisation: Subsidiary minor in Mathematics and Informatics (Propaedeutic Exam Mathematics 1987) Subsidiary minor in Italian Research project "Computer use in Anaesthesia"
  - Country: Netherlands
5. Subject: Willem Lodewijk Gymnasium, Groningen
  - Start date: 1976
  - End date: 1982
  - Qualification: Grammar school (Gymnasium B)
  - Organisation: Dutch, French, English, Ancient Greek; Mathematics I and II, Physics, Chemistry, Biology
  - Country: Netherlands

## Additional information

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### Publications

P.J.W.S. Vrijlandt, T.M. Bosch, J.G. Zijlstra, J.E. Tulleken, J.J. Ligtenberg; T.S. van der Werf, Natriumbicarbonaatinfusie bij intoxicatie met tricyclische antidepressiva: aanbevolen ondanks gebrek aan wetenschappelijk bewijs. [Sodium bicarbonate infusion for intoxication with tricyclic antidepressives: recommended in spite of lack of scientific evidence] Ned Tijdschr Geneesk. 2001; 145(35): 1686-9 P.J.W.S. Vrijlandt, J. Huisman; Acarbose improves glycaemic control and insulin sensitivity in obese type 2 diabetes patients with secondary failure on sulphonylureas. The Netherlands Journal of Medicine 2001; 58A17. P.J.W.S. Vrijlandt, C.J.L. la Porte, D.M. Burger, P.P. Koopmans, J.A.M. Dekens-Konter, Geneesmiddelprofiel Tenefovir (Viread). [Drug profile Tenefovir (Viread).] Pharmaceutisch Weekblad 2003; 138 (19): 676-680 Khalid Abou Farha, André van Vliet, Sjoerd van Marle, Patrick Vrijlandt, Daan Westenbrink, Hypertensive crisis-induced electrocardiographic changes: a case series. Journal of Medical Case Reports 2009, 3:7283 doi: 10.4076/1752\_1947\_3\_7283 P.J.W.S. Vrijlandt, A.A. van Vliet, Washout of Antidiabetic Treatment for Phase II Trials in Type 2 Diabetes. [Abstract] 69th scientific sessions of the American Diabetes Association, 2009: 2100. Krul\_Poel YHM, Vrijlandt PJWS, Elders PJM, van den Bergh JP, Lems WF, de Jongh RT. [Osteoporosis and increased risk of fractures] Ned Tijdschr Geneesk. 2020 Aug 17;164:D4852. IJzerman RG, Vrijlandt PJWS. [New and old glucose lowering drugs; a state\_of\_the\_art review] Ned Tijdschr Geneesk. 2020 Oct 15;164:D4778. Viktoriia Starokozhko, Fatima Tarrahi, Patrick J.W.S. Vrijlandt, Peter G.M. Mol. Safety-Related Drug Label Changes Following Large Post-Marketing Cardiometabolic Trials: A Review of European Public Assessment Reports <https://doi.org/10.1002/cpt.2840> Willemijn A. L. Vrijlandt, Margriet F. C. de Jong, · Jelmer R. Prins, · Kate Bramham, · Patrick J. W. S. Vrijlandt, Roemer J. Janse, Faizan Mazhar, · Juan Jesús Carrero. Prevalence of chronic kidney disease in women of reproductive age and observed birth rates. Journal of Nephrology [https://doi.org/10.1007/s40620\\_022\\_01546\\_z](https://doi.org/10.1007/s40620_022_01546_z)

### Projects

### Memberships

Member of the Dutch Internist Society \_ Member of the Automation Committee (1996\_2007) \_ Member of the Product Characterization Committee (2002\_2009, chair 2004\_2007) \_ Member of the Professional Interests Committee (since 2004) Member of the Dutch Society for Clinical Pharmacology (NVKFB) Member of the Dutch Society of Pharmaceutical Medicine

### Other Relevant Information