

**EUROPEAN MEDICINES AGENCY**  
**PCWP / HCPWP**  
**Joint Meeting**

# **WORLD DUCHENNE ORGANIZATION**



**AMSTERDAM APRIL 1-2 , 2025**  
**Dimitrios Athanasiou**  
**Elizabeth Vroom**  
**WDO BoD**

# “10 years experience of patient involvement EMA” Opportunities, Challenges and Learnings for meaningful patient involvement



# DISCLAIMER

The views and opinions expressed in the following PowerPoint slides are those of the individual presenter. These PowerPoint slides are the intellectual property of the individual presenter and with all rights reserved. WDO logos are registered trademarks. All other trademarks are the property of their respective owners.

## Disclosures

**I have no real or apparent relevant financial relationships to disclose**

### DOI

[www.ema.europa.eu/docs/en\\_GB/document\\_library/contacts/athanasioud\\_DI.pdf](http://www.ema.europa.eu/docs/en_GB/document_library/contacts/athanasioud_DI.pdf)



# 47 MEMBER PATIENT ORGANIZATIONS FROM 39 COUNTRIES



**Founded in 2005 as UPPMD with a strong focus on:**

- **Harmonizing Research Funding & Knowledge**
- **Advocacy**
- **Regulatory work**
- **Policy**

**Currenty :**

- **WDO is Global network of member patient organizations**
- **WDO is member and contributed in board position in EURORDIS and EPF but also part of RDI.**
- **WDO's Board Members are involved in FDAs and EMA's EMA Committees, WPs and activities**
- **Eligible member of the European Medicines Agency**



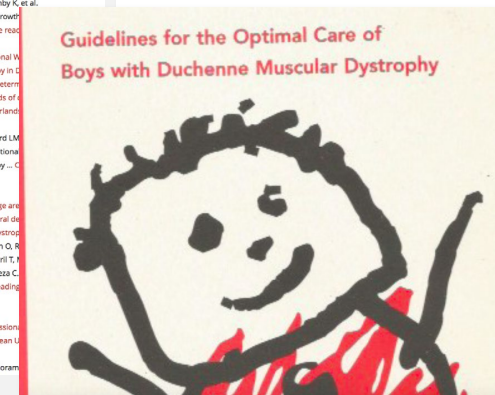
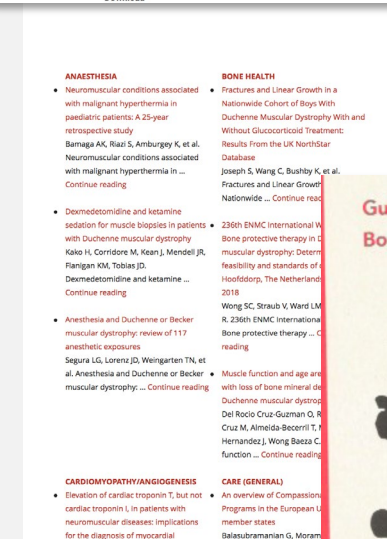
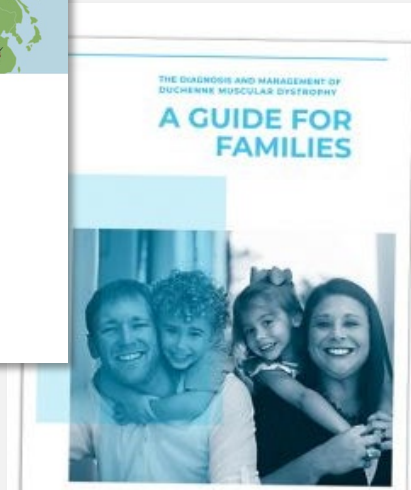
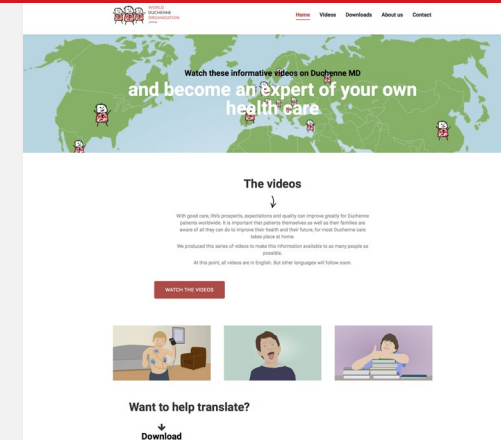
# The Community

## In Research :

- Multi Millions € invested in Research and Care
- CT increase from 10 to 100+ clinical trails in the last decade
- Patient input to almost all the CTs in DMD via CAB
- Involvement in almost all DMD CTs in EMA, FDA, MHRA etc

## In Care and Education :

- International SoC development
- Accredited Duchenne Care Center Globally
- Increase in life expectancy by 7 years every decade
- Global Care Conference (+700 Part from 72 Countries)
- Health literacy, almost 100+ patient experts trained per year
- Education, materials reach out to more than 10,000 families



Credit : Chris Barbalis@cbarbalis

# The Community

---

The DMD community is supporting from basic Research to Care and Medicines Development :

- Community Advisory Board, Duchenne Patient Academy
- In Silico Development A.I. and Machine learning
- Care Guidelines development
- **Regulatory Guidelines for DMD Developers**
- **Clinical Trials Simulation Tools development**
- **Duchenne Platform Trials development**
- New outcome measures development
- PROMs and PROs development and validation
- **Preclinical research support & Animal models**
- **Virus Development & ATM research like Gene and Cell Therapies,**
- **Gene editing and Exon skipping technologies**
- **Biotech and Spin-off seed funding**
- Exoskeletons and Supportive Digital Applications

---

[Credit : Chris Barbalis@cbarbalis](mailto:Chris.Barbalis@cbarbalis)

# BETWEEN HYPE AND HOPE

- Still the pathway is marked with successes and failures.
- The boys live longer, have a better a life, but still lose the fight with Duchenne.
- Balancing between Hype and Hope the community still fights to keep the boys alive while keeping DMD and the Rare Diseases in the centre of R&D, Regulatory and Policy discussions.

# WDO's INVOLVEMENT IN THE ECOSYSTEM

DG SANTE

EUROPEAN  
COMMISSION



COUNCIL OF  
EUROPE

EUROPEAN  
PARLIAMENT



# WDO's INVOLVEMENT, COMMITMENT & INVESTMENT

## EMA Public and Stakeholder Engagement Department



Public Summaries of Opinion

1st Scientific mtg in 2009 and other interactions

Participation and support of various Initiatives and activities like BDSG, DARWIN, PCWP and many others

### PRE-SUBMISSION

### EVALUATION

### POST AUTHORISATION

Designation & Classification

Scientific Advice

Paediatric Plan

Marketing Authorisation Evaluation

Post Marketing procedures



COMP  
CAT



CHMP  
SAWP



PDCO



CHMP  
CAT  
PRAC  
COMP



Expert  
mtg



CHMP  
PRAC



Expert  
mtg

Heavy SAWP involvement with as series of SAs and PAs for more than 10 years

PDCO membership for 6 years

Series of Oral Explanations in CHMP



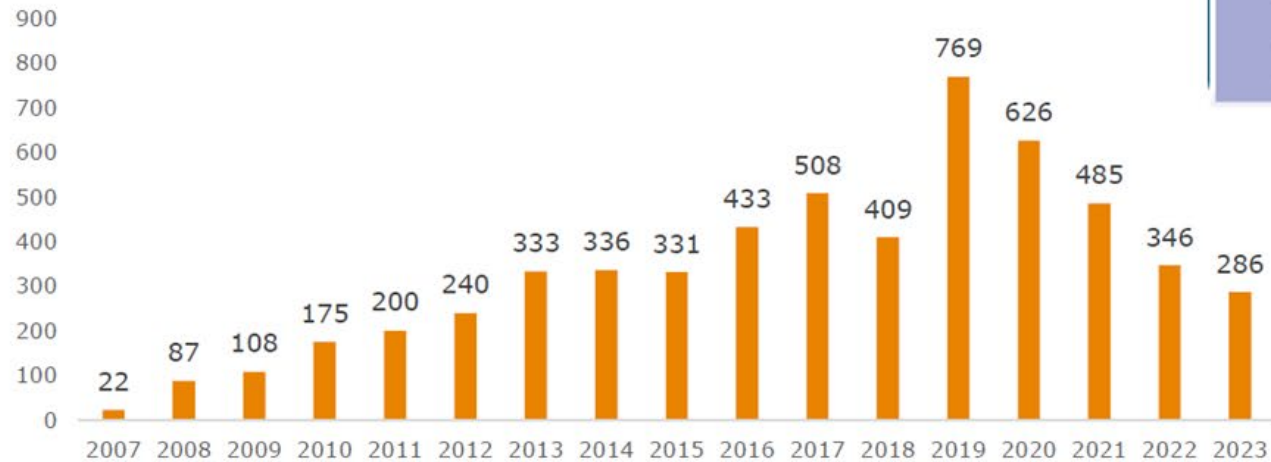
Patient input

HCP input

# WHERE DO WE STAND TODAY?

## Patients as individual experts in medicine-specific activities

Individual patient experts

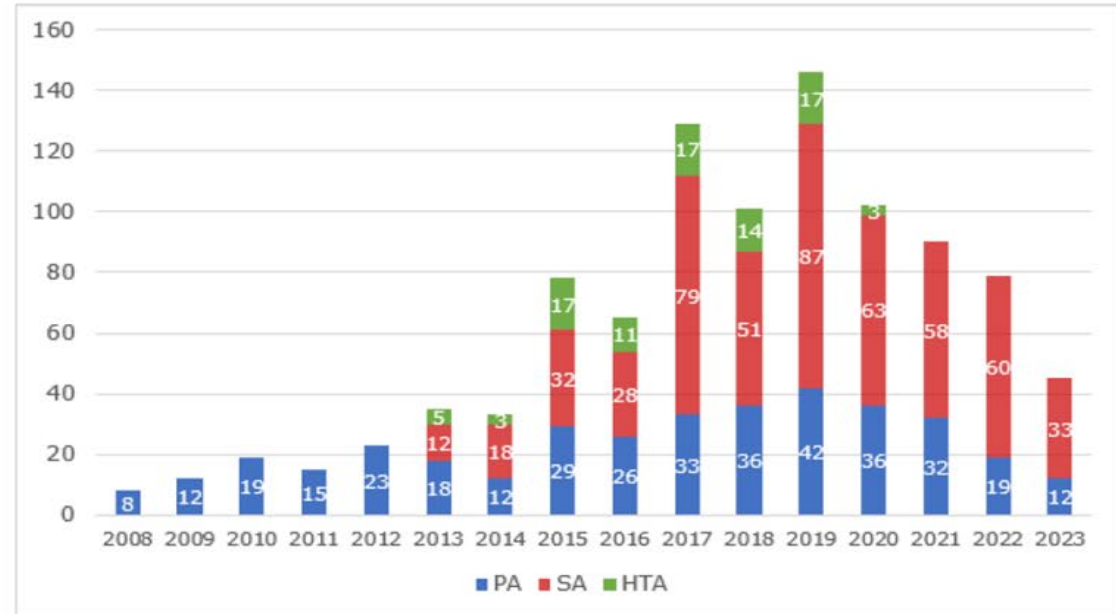
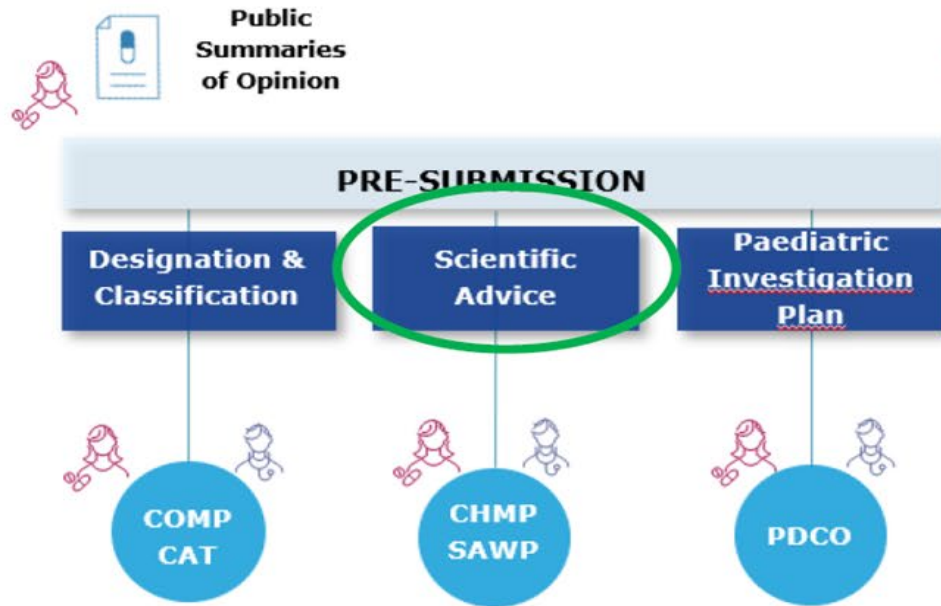


*Scientific Advice / Protocol Assistance Procedures*  
*Scientific Advisory/ad hoc expert Groups*  
*Scientific Committee consultations*  
*Review of documents*



# WHERE DO WE STAND TODAY?

## Patient Engagement in pre-submission phase: Scientific Advice



# WHAT THE FUTURE HOLDS?

**EU Pharmaceutical  
Legislation**

**MEANINGFUL PATIENT  
INVOLVEMENT**

**JCA Regulation**

# Challenges of Patient Involvement and not only BEYOND Public and Stakeholder Engagement Department Efforts

## a. Limited Representation & Diversity

- Underrepresentation of marginalized groups and rare disease patients

## b. Knowledge & Expertise Gaps and Quality

- Limited understanding of regulatory processes and scientific concepts

## c. Resource Constraints and Deterioration in the Quality of Engagement

- Insufficient funding and logistical support for patient involvement
- *Timing and delays*

## d. Conflicts of Interest

- Managing Col in Small Populations and Rare Diseases

# Challenges of Patient Involvement

## **e. Lack of Training & Support**

- Absence of structured training programs for patient representatives + regulators?

## **f. Communication Barriers or/and lack of understanding?**

- Overly technical language hindering effective communication + other factors

## **g. Inconsistent Engagement**

- Limited involvement during early phases like trial design (early and often)?

## **h. Tokenistic Involvement**

- Superficial engagement without genuine consideration of input

## **i. Mentality and Value**

- Gate-keeper Mentality vs Enabler for HUNs with no real buy-in

# Ways forward?

## Early, Often & More Involvement

- Engaging more patients throughout all regulatory phases

## Enhancing Training & Education

- Developing accessible training programs for better understanding

## Broadening Representation

- Actively recruiting diverse patients and rare disease representatives.

## RESOURCES AND MENTALITY CHANGE

## Creating Patient Advisory Panels

- Establishing panels for structured, continuous input.

## Transparent Meaningful Engagement

- Ensuring genuine consideration of patient input.

## Improving Communication

- Providing plain-language summaries and simplifying technical language

**WORLD DUCHENNE  
ORGANIZATION**

# Q&A and Discussion



**AMSTERDAM APRIL 1-2 , 2025**  
**Dimitrios Athanasiou**  
**Elizabeth Vroom**  
**WDO BoD**