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## Providing information to the older population An industry perspective

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EMA Workshop: Ensuring safe and effective medicines for an ageing population







- Introduction
- EFPIA survey 'Product Labelling and Information' (slides 5-8)
- EFPIA Temporary Working Group Product Information (slides 9-12)
- Look to the future



# Introduction



- Current Product Information (SmPC and Package Leaflet) does not meet the need of stakeholders
- Applies in general, not specific for older patients
- Specific characteristics older adults to be adressed





## Introduction

Characteristics to be adressed:

- Format
  - Readability font size, colour, contrast
- Content
  - Age-related changes in Pharmacokinetics and/or Pharmacodynamics
  - Concomitant illness/concomitant medication: not unique for but more frequent in older adults
  - Gradual scale: older population is not a homogeneous group
  - Risks well-known and avoidable to large extent





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# **EFPIA** survey

- Part of the bigger survey on Geriatric Medicines Strategy
- Five questions on Product labelling and Information
- Responses from 15 member companies



Do you consider current guidance and practice fully adequate?



- In depth review may be needed but this is not only determined by age, any patient need to be taken into account
- Flexibility needed, current guidance allows this
- Labeling can only reflect available data, guidance cannot compensate missing info
- More focus on Package Leaflet than on SmPC
- Specific needs older adults would be captured during readability testing
- Few companies appreciate more guidance/standard text



Consolidate all relevant aspects in comprehensive section?



- Advantages and disadvantages involve stakeholders (physicians/patients)
- Not only for SmPC but more importantly for Package Leaflet;
- Information should be succinct, repetition/redundancy to be avoided
- Specific information not always related to only age (e.g. concomitant disease)
- Alternative delivery methods may facilitate targeted/personalised information





#### EFPIA survey Summary of other suggestions

- Product information to reflect all relevant data (efficacy and safety) to allow appropriate Benefit/Risk presentation
- Increase prescriber knowledge on drug-specific effects of medication
- Increase patient understanding on appropriate use of medicines
- Long-term strategy to aim for customised/personalised prescriber information





EFPIA Temporary WG Product Information - Objectives

- Identify shortcomings with the SmPC and PL
- Make proposals how these shortcomings can be overcome by amending readability, layout and content
- Explore alternative methods of dissemination





General principles for Product Information

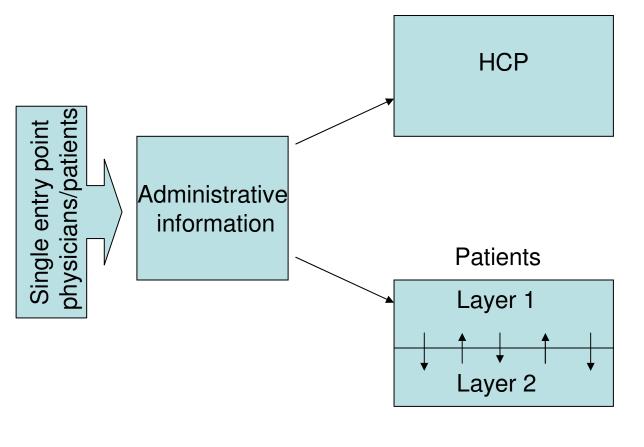
- All Product Information to support adherence to treatment and focuss on improving health outcome
- Single, trustful source (physician, all patients)
- Adress physician and all patients through one entry point
- Fair balance of benefits and risks
- Easy access to preferred information level (tailored to needs of physicians or various types of patients)
- Up-to-date information

Electronic tools?





#### Proposals to amend layout and content



Same sub-headings

Logical location of info (may differ HCP and patients)

Brief and concise information

Easy to navigate

Hyperlinks with more details for those who need it

Concrete instructions for use





## Proposed sub-headings

- Product details
- Therapeutic indications and benefits
  - Therapeutic indications
  - Benefits
- Correct use of the medicinal product (e.g. dosage)
- Risks
- General information (storage, ..)\*
- Special populations (paediatric, geriatric, patients with impaired liver function...)\*
- \* Headings deviate from current QRD template





### Attention points for older adults

- Age\*-related changes PK
  - Distribution volume changes
  - Changes in renal function
- Age\*-related changes PD
  - Receptor density/sensitivity
  - Antagonistic balance mechanisms work less well
- Concomitant disease/medication
  - Interactions
  - Specific adverse reactions related to polypharmacy
  - Multiple leaflets per patient?
- Not homogeneous group

Dosing recommendations ?

Dosing recommendations ?

Dosing recommendations/ warnings ?





### Electronic dissemination

- Facilitates tailor-made presentation with language reflecting different literacy levels
- Easy to make alternative formats available (audio, different font size, illustrative videos, charts etc.)
- Information available anywhere at all times
- Ensures rapid updates
- Not yet accessible to everyone, printed leaflet to be available (likely to change in future)





## Look to the Future

- Industry/regulators/patient groups are working to improve Product Information in general
- User-driven: input patients and HCP essential
- Revision to take into account specific needs of older adults
- EFPIA proposal outlines vision for structure that is easily accessible and aims to maximise safe and effective use:
  - Ideas to be translated into pilot SmPC/Package Leaflet
  - Web-based information system (in addition to printed version)
- Long-term aim more personalised approach
- Industry/ Regulator + patients/HCP discussion needed





### THANK YOU

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